

**West Coast Sole**  
**(Wild Product of the USA)**

<b><u>PRODUCT</u></b>	<b><u>STYLES</u></b>	<b><u>CATCH</u></b>	<b><u>NOTES</u></b>
Dover Sole	Fillet	Trawl	Nice white belly, Aug.- Oct.
English Sole	Fillet	Trawl	Year Round Availability
Petrals Sole	Fillet/Rnd.	Trawl	Best Fresh Dec.-Feb.
Rex Sole	P/R/Rnd	Trawl	Year Round

